



2009- 10 Champions & Award Winners

League Results

School	Team Points
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Providence Catholic	227
Mount Carmel	221
St. Rita	140
Br. Rice	130.5
Fenwick	93
De La Salle	73
Loyola Academy	58
Bishop McNamara	38
St. Francis de Sales	13
Gordon Tech	4
St. Laurence	0
Saint Ignatius	0

IHSA Regional Champions

Mount Carmel - Class 3A

Lawless Athlete of the Year

Luke Nelson - Br. Rice

Lawless Coach of the Year

Keith Healy - Providence Catholic

Most Outstanding Wrestler

Mike Avelar - Br. Rice

Individual Weight Class Champions

Weight	Winner	Runner-up	Score
103	Matt Garelli (FEN) md.	Mike O'Connor (SR)	13-4
112	Mike Mazaur (MC) d.	Johnny Anderson (SR)	8-7
119	Eddie Klimara (PRO)	Brendan Tyler-Hall (MC)	3:00
125	Tom Ambrose (PRO) d.	Ricky Robertson (MC)	11-4
130	Mike Togher (PRO) f.	Kyle McGovern (SR)	:48

135	Michael Avelar (BR) d.	Edwin Cooper (PRO)	5-3
140	Lucas Nelson (BR) d.	Tim Course (MC)	4-3
145	Brett Phillips (PRO) d.	Jack Sears (SR)	3-2
152	Malik Taylor (BR) d.	Brian Strenk (MC)	7-2
160	Eric Nolen (SR) d.	Bob Kerr (BR)	5-4
171	Jahwon Akui (SR) d.	Charles Argue (MC)	3-2
189	David Denne (MC) f.	Tommy Pentek (SR)	1:54
215	Tom Kelly (LA) d.	Jake Sheffer (PRO)	7-2
285	James Buss (DLS) d.	Steve Laski (PRO)	3-2